

Why laser hair removal is the most effective solution for hair removal?

Removing unwanted hair is the problem that never seems to go away. For centuries it has been the bane of many women's lives.

The relative ease of shaving- leaving sore, soon-to-be-bristly, legs set against the pain of longer-lasting waxing. Electrolysis offered some hope, but could be painful and its results were inconsistent.

As fashion dictated the lengths of men's beards, whether they should be clean-shaven or designer stubbly, women had no such respite.

Now, of course, fashion's worm has turned as men join their partners in search of that elusive, painless smooth-bodied look and permanent hair removal.

But what are the options?

Tweezing

Extracting individual hairs with a pair of tweezers takes a lot of time. The effects can last several weeks, but if the hair breaks, you could be left with in-grown hairs.

Shaving

Whether electric or wet-shave, you will just be cutting the hairs off at skin level. At best, you'll have a couple of day's grace, but you are likely to feel 'scratchy' before then.

Waxing

Pouring hot wax over your legs, then pulling it off with cloth strips, when dry, will leave you hair-free for 3 – 6 weeks. However, beware of infection and unsightly red bumps. Also, the hair will need to be, at least, a quarter of an inch long before waxing will be effective.

Electrolysis

Placing a needle directly into the hair follicle, an operative passes a mild electric current to kill the root. This process is very time-consuming and really only suitable for very small, localised areas. Ongoing, fortnightly treatments are likely.

Laser

Laser hair removal first became available in the mid-1990s. Basically, [it targets high intensity laser light onto the hair follicle](#), which then dies. In a series of short treatments, on-going hair growth can be severely limited, if not eradicated. Most importantly, the procedure should be pain-free. With results lasting up to 12 months, it is the longest-lasting treatment on the market.

As the doyen of the Kardashians says, "I am Armenian, so of course I am obsessed with laser hair removal! Arms, bikini, legs, underarms...my entire body is hairless."

Soprano

Foremost in the field of Laser Hair Removal is the [Soprano Pain Free Hair Remover](#). It is a small 810 nm diode laser which is able to target individual hairs precisely. Heating the dark melanin in the hair follicle, the follicle is destroyed, with no damage to the more delicate surrounding skin. Its unique IN motion delivery- whereby the device is continuously swept across the treatment area, ensures that heat is distributed evenly, while eliminating any discomfort which could otherwise be caused.